·         Memorise the last 26 Moderators of the General Assembly in order

·         Walk up and down the stairs in your house 26 times

·         Do 26 keepie uppies with a football

·         Run 2.6 miles in your house or back garden

·         Wear 26 pieces of clothing at once and work in them all day

·         Name 26 of CrossReaches services in under a minute

·         Do a plank for 260 seconds

·         Knit 26 teddy bears or similar

·         Bake 26 cakes and leave them on your neighbours doorstep

·         Sing your favourite Hymn 26 times

**Health**

* 26 jumps
* 26 hops (on each leg)
* 26 frog jumps
* 26 jumping jacks
* 26 push ups
* 26 pull ups
* 26 lunges
* 26 sit ups
* 26 crunches
* 26 leg raises (on each leg)
* 26 squats
* 26 knee raises
* 26 minute walk or jog or run
* 26 box hopscotch
* 26 jumps on a trampoline
* 26 skips with a rope

**Numeracy**

* How many different ways can you get the answer 26 using addition, subtraction, division, multiplication
* Literacy - 26 letters in the alphabet - play the Alphabet Game. Pick a theme, e.g. countries and go through the alphabet - A =Albania, B = Belgium etc
* Draw the number 26 in letters or numbers and colour in
* Make 26 funny faces
* Draw 26 rainbows for the NHS/Carers
* Clap for 26 seconds for the NHS/Carers
* Put long hair into 26 bunches or plaits
* Read page 26 of 26 books
* Write down 26 things you are thankful for
* Write down 26 nice things you would say about someone else
* Write down 26 nice things you would say about yourself
* Write down 26 things you are thankful for about Crossreach/your church
* When lockdown is over, name 26 people you are going to hug
* Clear out your wardrobe - find 26 items you can donate to charity
* Wash your hands for 26 seconds instead of 20.
* Donate 26 items to a foodbank
* Make a pledge - when lockdown is over, what 26 things are you going to do?