

1 in 3 women
will experience
domestic abuse or
sexual violence
during their lives



If you have experienced rape, sexual assault or controlling, violent or abusive behaviour in a relationship, know that:

- ▶ We will believe you
- ▶ It is not your fault
- ▶ There is no excuse
- ▶ There is help and support available

IF YOU WOULD LIKE TO SPEAK TO SOMEONE OR YOU ARE WORRIED ABOUT SOMEONE YOU KNOW, CONTACT:

**THE CHURCH OF SCOTLAND
SAFEGUARDING SERVICE**

☎ **0131 240 2256**
safeguarding@churchofscotland.org.uk
churchofscotland.org.uk

**SCOTLAND'S DOMESTIC ABUSE
AND FORCED MARRIAGE
HELPLINE**

☎ **0800 027 1234**
sdafmh.org.uk

RAPE CRISIS SCOTLAND

☎ **08088 01 03 02**
rapecrisisScotland.org.uk



The Church of Scotland

Scottish Charity Number SC011353