

Moderator of the General Assembly of the Church of Scotland

Rt Rev Colin Sinclair

Communion

Sacrament of the Lord's Supper

Invitation

Jesus said, 'Come to me, all who are weary and whose load is heavy; I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble-hearted; and you will find rest for your souls.'

'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Words of the Institution

Beloved in the Lord, hear the words of the institution of the holy supper of our Lord Jesus Christ, as they are delivered by the Apostle Paul. For I received from the Lord what I also passed on to you. The Lord Jesus, on the night he was betrayed, took bread, and after he had given thanks, he broke it and said "This is my body, which is for you; do this in remembrance of me."

In the same way, after supper, he took the cup saying, "This cup is the new covenant in my blood; do this whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death, until he comes.

Consecration of the elements

As the Lord Jesus, the same night in which he was betrayed, took bread, I take these elements of bread and wine to be set apart from all common uses to this holy use and mystery and as he gave thanks and blessed, let us draw near to God and present to him our prayers and thanksgivings Let us pray

Prayer of thanksgiving

The minister says:

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

It is indeed right, it is our duty and our joy, at all times and in all places, to give you thanks and praise, holy Father, heavenly King, almighty and eternal God.

We know that you are always trying to speak to us in the common experiences of life, and that in the midst of time, you give us glimpses of eternity.

So let your Spirit be in us and upon this bread and wine today that, through them we may draw closer to our Lord and he to us that: -
they may tell us of his sacrifice; they may comfort us with his grace
they may confirm us in his strength; they may confront us with his love
they may fill us with his life.

God our Father,
we thank you for this sacrament
for all who down through the centuries at this table
have found the light that never fades; the joy than no-one can take from them;
the love which is your love; the presence of their Lord.

We thank you for all the means of grace;
for the Church and all we share together in the fellowship of faith
for your word to tell us of your ways with us
for the open door of prayer that you have ever set before us.
We thank you for the memory of the unseen cloud of witnesses who surround us
for the presence still with us of those who are an inspiration.
We thank you that you have made us as we are; for the dream that will not die,
that somehow we cannot sin in peace; that even in the mud we are haunted by the stars.

Therefore, with your people of all places and times, and with the whole company of heaven,
we proclaim your greatness and sing your praise in the angels' song:

***Holy, holy Holy is the Lord God Almighty
Holy, holy Holy is the Lord God Almighty
Who was and is and is to come Who was and is and is to come***

Chorus

***Lift up His name with the sound of singing Lift up His name in all the earth
Lift up your voice and give Him glory For He is worthy to be praised***

We bless you, O God, for Jesus Christ, our Lord,
that he who knew no sin was made sin for us
that he came to seek and to save those who were lost
that he gave his life a ransom for many

that he was obedient to death, even death on a cross
that having loved his own, he loved them to the end.

We thank you that he lived, that he died, that he rose again,
that he is with us now to the end of time and beyond, that he is here with us today
We marvel at the extent of your love and revel in your grace revealed through him

Send down your Holy Spirit to bless us and these your gifts of bread and wine,
that the bread which we break may be for us the communion of the body of Christ,
and the cup of blessing which we bless the communion of the blood of Christ;
that we, receiving them, by faith may be made partakers of his body and blood,
with all his benefits, to nourish us and help us grow in grace,
to the glory of your most holy name.

And here we offer and present to you our very selves, to be a living sacrifice,
dedicated and fit for your acceptance; through Jesus Christ our Lord. Amen

Lord's Prayer

Our Father in heaven, Hallowed be your name, Your kingdom come, Your will be done,
on earth as it is in heaven. Give us this day our daily bread, And forgive us our debts
as we forgive our debtors. And lead us not into temptation but deliver us from evil.
For yours in the kingdom, the power and the glory, for ever. Amen.

Action

The grace of the Lord Jesus Christ be with you
Come now to this sacred table, for Christ is here, ready to meet your need.

Come with your sorrow and find joy, with your faults and find forgiveness,
with your regrets and find hope, with your fears and find strength.

Come, if life is dark and find light, if your heart is troubled and find peace,
if your spirit is hungry and find nourishment.

Come, just as you are, and meet the one who welcomes you in love,
who waits to set you free, to bring you fullness of life.

According to the holy institution, example, and command of our Lord Jesus Christ,
and as a memorial of Him, we do this

Who, on the night when He was betrayed, took bread (*Take the bread*),

And when He had given thanks He broke it, (*Break the bread*),
And said, 'This is my body which is broken for you; do this in remembrance of Me.'
In the same way He took the cup saying (*Raise the cup*)
'This cup is the new covenant sealed by my blood.
Whenever you drink it, do it in memory of me.'

The Moderator says:

Jesus, Lamb of God, **have mercy on us.**

Jesus, bearer of our sins, **have mercy on us.**

Jesus, redeemer of the world, **grant us peace.**

Silence may be kept for a time.

The communion

(in giving the bread the Minister should say)

Take, eat, this is the body of Christ, which is broken for you
do his in remembrance of him.

(in giving the cup the Minister should say)

This cup is the new covenant in the blood of Christ which is shed for many,
for the forgiveness of sins; drink from it, all of you
Taste and see that the Lord is good

Serve the Clerks and Chaplains at the Lord's Table, who then serve the Moderator and the elders.

The gifts of God for the people of God

The elements are taken to the people in their seats.

When all have received, the vessels are returned to the Communion Table,

The minister says:

The peace of the Lord Jesus Christ be with you.

Closing prayer

Living God

may the experience of your love the reality of your grace

and the knowledge of your constant presence

continue to transform our life each day

Open our eyes to see you our ears to hear you our hearts to love you our lives to serve
you

So may we share in the work of your kingdom and faithfully follow Jesus Christ our Lord

in whose name we pray Amen

Benediction

Go in peace. May the bread of life always nourish, living water daily refresh
the broken Christ constantly inspire and the risen Lord unceasingly guide
and may the blessing of God Almighty Father, Son and Holy Spirit
be upon you and remain with you, always Amen